



GOVERNMENT DOON MEDICAL COLLEGE DEHRADUN
Office of the Principal



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Web Site- www.gdmcuk.com Dehrakhas, Patel Nagar, Dehradun-248001 (Uttarakhand).

Letter No -GDMC/ UG Section/Academic/2026/..6560 Dated: 14th September, 2026

-: OFFICE ORDER :-

This is to inform that MBBS Batch 2026 foundation classes will be scheduled from 15th of September, 2026.


Principal
Govt. Doon Medical College,
Dehradun.

Letter No -GDMC/ UG Section/Acadmic/2026/...6560 date as above mentioned.
Copy to:

1. All HOD's/Incharge, Govt. Doon Medical College and Hospital, Dehradun.
2. Incharge, UG-Section, Govt. Doon Medical College, Dehradun.
3. Chief Wardans, Boys & Girls Hostel, Govt. Doon Medical College, Dehradun.
4. Administrative Office, Govt. Doon Medical College, Dehradun.
5. Incharge, Account Section, Govt. Doon Medical College, Dehradun.
6. Audio Visual Staff, Govt. Doon Medical College, Dehradun.
7. Guard File.


Principal
Govt. Doon Medical College,
Dehradun.

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**FOUNDATION COURSE SCHEDULE FOR MBBS BATCH 2026-27 (STARTING FROM 15 SEPTEMBER, 2026 (AS PER CBME 2024))
GOVERNMENT DOON MEDICAL COLLEGE, DEHRADUN.**

GOVERNMENT DOON MEDICAL COLLEGE, DEHRADUN.									
DAY	DATE	9:00-10:00 am	10:00-11:00 am	11:00-12:00 pm	12:00-01:00 pm	01:00-2:00 pm	02:00-03:00 pm	03:00-04:00 pm	04:00-05:00 pm
Tuesday	15-Sep-26	Reporting, Registration, Hostel Room Allotment (Hostel Wardens)			Welcome Speech Prof. (Dr) Geeta Jain Principal & Dean, GDMC) about vision and mission of institute	Lunch	Introduction of foundation course by Dr Ankita Juyal	Institutional rules and regulation by Dr. Shiv Kumar Yadav	Parents Teacher Meeting by Phase-1 faculty
Wednesday	16-Sep-26	The medical profession & the physician's role in society and their impact by Dr Vivekanand Satyawali	Overview of MBBS Programme (professional development) by Dr. Rangeel Singh Raina	Principles pf family practice by Dr Vinita Kothiyal	Computer skills by Dr. Manish Kumar	Lunch	Pedagogy and its role in learning by Dr Chitra Joshi	SPORTS COMMITTEE (INCHARGE)	
Thursday	17-Sep-26	Holiday							
Friday	18-Sep-26	Study Skill by Dr. Neelima Bahel	History of Medicine by Dr. Shalini Rawat	Health care system, its delivery by Dr Himanshu Mangain	National Health programmes & policies (Interactive Lecture) by Dr. Anupama Arya	Lunch	Stress management and Yoga by Dr Ashish Bhandari	Professional english Dr. Swati Saxena	Complimentary and alternative medicine by Dr. Fatima Begum
Saturday	19-Sep-26	Immunization/vaccination by Dr. Kuldeep Kumar	History of Outbreaks, Epidemics and Pandemics by Dr. Hitendra Singh		Rule of hostel by wardens Dr.Gaurav Chopra/ Dr. Nidhi Negi	Lunch	Learning including self directed learning by Dr. Tanvi Singh	SPORTS COMMITTEE (INCHARGE)	
Sunday	20-Sep-26	Sunday							
Monday	21-Sep-26	Mental Health by Dr. Jaya Nawani	Blood donation by Dr. Shashi Upreti	Organ donation by Dr. Atul Kumar Singh	Communication Skill by Dr. Arunima Deep	Lunch	Interpersonal relationship by Dr. Swati Raj	Computer skills by Dr. Sonam Maheshwari	Patient safety by Dr Soniya
Tuesday	22-Sep-26	Team & leadership skills by Dr. Rajeev Kushwaha	Dsiability competencies and Disability Act by Dr. Priyanka Aswal	Time management by Dr. Pooja Sharma Kala	Communication emphasis on clinicolaboratory communication by Dr. Shalabh Jauhari	Lunch	Antiragging short film screening by Mr. Deepak Juyal	History of Medicine and Ayush in India Dr. Madhulika Singh	
Wednesday	23-Sep-26	Use of information technology & artificial intelligence by Dr. Shruti Baranwal	Biomedical waste management by Dr. A R Piyush	Visit to departments, library, common room, (College building) Batch A Visit to Hospital Batch By Dr. Rashmi Pandey/Dr. Rajesh Maurya		Lunch	Reflections by Dr. Akanksha Srivastava	Visit to departments, library, common room, (College building) Batch A Visit to Hospital Batch By Dr. Rashmi Pandey/Dr. Rajesh Maurya	
Thursday	24-Sep-26	Universal Precaution by Dr. Sumit Kumar Singh	Learning & Dynamics by Dr Neha Batra Dandona	Mentorship by Dr. Kumar Prashant	Medical Ethics, attitude & Professionalism by Dr. Vivek Kumar Mangare	Lunch	Different career pathways after MBBS by Dr Nitin Sharma	SPORTS COMMITTEE (INCHARGE)	
Friday	25-Sep-26	Principles of primary care/general and community based care) Dr. Sudiksha Rana	Healthy lifestyle Dr. Nidhi Negi	Local language programme by Dr. Arti Negi	English language programme by Dr. Yogita Rawat	Lunch	Working in a health care team by Dr Richa Sinha	SPORTS COMMITTEE (INCHARGE)	

Saturday	26-Sep-26	First aid & Basic /cardiopulmonary/emergency life sport/ demonstration using video lecture HOD, Anaesthesia to coordinate			Lunch	First aid & Basic /cardiopulmonary/emergency life sport/ demonstration using video lecture HOD Anaesthesia to coordinate
Sunday	27-Sep-26	Sunday				
Monday	28-Sep-26	Introduction to mentor - mentee programme by Dr. Shikha Dwedi	Visit to Community Health Centre and reflection on its experience (PSM Department)		Lunch	Visit to Community Health Centre and reflection on its experience (PSM Department)
Tuesday	29-Sep-26	Biosafety Principles by Dr Geetika Rana	Discuss and appreciate the expectations of the students from the Nation, Society, Institution, peers, colleagues and patients and vice versa by Dr Gazala Rizvi	Collaborative learning by Dr KC Pant	Lunch	Assessing online resources by Dr Nandini
			Compassion, integrity, duty, responsibility and trust are the core values that defines the nature of the physician work (including case discussion) by Dr Arti Negi			SPORTS COMMITTEE (INCHARGE)

NOTE: All the Faculty Members are kindly requested to adhere to the allotted time slots for lectures and visits as per the scheduled timetable.

Attendance of all Lectures/visits will be taken and emailed to the provided email id- fgdmcc@gmail.com or submitted to Dr Shalini Rawat (UG students section incharge)

Tony
12/9/26
Jermel

डॉ० जौली अश्विनी
मोकेस एन विमानपक्ष
मानविकी विभाग
(आयुर्वेद)
नॉर्थकोस्ट कॉलेज, देहरादून

[Signature]