

GOVERNMENT DOON MEDICAL COLLEGE DEHRADUN Office of the Principal



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Letter No -GDMC/UG-Section/Academic MBBS Batch-2025/.61.US Dated: 18th September, 2025

-: OFFICE ORDER :-

This is to inform that M.B.B.S Batch 2025 foundation classes will start from 22nd September, 2025 in govt. doon medical college, derhadun.

Venue: Lecture Theater-1. (Enclosure Attached)

Govt. Doon Medical College, Dehradun.

Letter No -GDMC/UG-Section/Academic MBBS Batch-2025/..... Copy to:

date as above mentioned.

- All HODs/Incharge, GDMC, Dehradun.
- 2. Incharge, UG Section, GDMC, Dehradun.
- 3. Incharge, Foundation Course, GDMC, Dehradun.
- 4. Chief Wardens, Hostel (Boys & Girls), GDMC, Dehradun.
- 5. Personal Assistant, Principal Office, GDMC, Dehradun.
- 6. Administrative Office, GDMC, Dehradun.
- 7. Incharge, Account Section, GDMC, Dehradun.
- 8. Audio Visual Staff, GDMC, Dehradun.
- 9. Guard File.

Principal Govt. Doon Medical College, Dehradun.

FOUNDATION COURSE SCHEDULE FOR MBBS BATCH 2025-26 (STARTING FROM 22 SEPTEMBER, 2025 (AS PER CBME 2024) GOVERNMENT DOON MEDICAL COLLEGE, DEHRADUN.

Thursday	Wednesday	Tuesday	Monday	Sunday	Saturday	Friday	Thursday	Wednesday	Tuesday	Monday	DAY
2-0ct-25	1-0ct-25	30-Sep-25	29-Sep-25	28-Sep-25	27-5ep-25	26-Sep-25	25-Sep-25	24-Sep-25	23-5ep-25	22-Sep-25	DATE
	Principles of primary careigeneral and community based care) Dr. Sudiksha Rana	Universal Precaution by Dr. Sumit Kumar Singh	Use of information technology & artificial intelligence by Dr. Sushil Ojha		Team & leadership skills by Dr. Anurag Agrawal	Mental Health by Dr. Jaya Nawani	Immunization/vaccination by Dr. Ashok Kumar	Study Skill by Dr. Swati Raj	The medical profession & the physician's role in society by Dr. Vivekanand Satyawali	Reporting, Registration,	9:00-10:00 am
	Healthy lifestyle Dr. Nidhi Negi	Learning & Dynamics by Dr.Renu Gulwani	Biomedical waste management by Dr. A.R. Plyush		Patient safety by Dr. Gaurav Makhija	Blood donation by Dr. Shashi Upreti	Pandemic module, Pandemic definition, factors leading to pandemics in past by Dr. Hitendra Singh	Health care system, its delivery by Richa Sinha	Overview of MBBS Programme (professional development) by Dr. V K Dwivedi	Reporting, Registration, Hostel Room Alkotment (Hostel Warden)	10:00-11:00 am
-0.	Local language programme by Dr. Arti Negi	Mentorship by Dr. Rangeel Singh Raina	Visit to department building) Batc Dr.Gaurau		Time management by Dr. Pooja Sharma Kala	Organ donation by Dr. Atul Kumar Singh	randemic ng to pandemics in endra Singh	elivery by Dr.	Computer sk	fostel Warden)	11:00-12:00 pm
	English language programme by Dr. Yogita Rawat	Medical Ethics, attitude & Professionalism by Dr. V K Dwivedi	Visit to departments, library, common room, (College building) Batch A Visit to Hospital Batch By Dr.Gaurav Gupta/Dr. Rajesh Maurya		Communication emphasis on clinicolaboratory communication by Dr. Shalabh Jauhari	Communication Skill by Dr. Shikha Dewedi	Rule of hostel by wardens Dr.Rajeev Kushwaha/ Dr. Shanti Pandey	National Health programmes & policies (Interactive Lecture) by Dr. Anupama Arya	Computer skills by Dr. Gaurav Gupta	Welcome Speech Prof. (Dr) Geeta Jain Principal & Dean, GDMC) about vision and mission of institute	12:00-01:00 pm
Dussehra	Lunch	Lunch	Lunch	Sunday	Lunch	Lunch	Lunch	Lunch	tunch	Lunch	01:00-2:00 pm
	SPORTS (SPORTS CO	SPORTS (SPORTS CO	Reflections by Dr. Pooja Sharma Kala	Y	Antiragging short film screanning by Mr. Deepak Juyal	Interpersonal relationship by Dr. Shurti Baranwal	Learning including self directed learning by Dr. Ankita Juyal	Stress management and Yoga by Dr.Niraj Kumar	SPORTS (SPORTS CO	introduction of foundation course by Dr Jolly Agarwal	02:00-03:00 pm
	SPORTS (SPORTS COMMITTEE), INCHARGE SPORTS COMMITTEE	SPORTS (SPORTS COMMITTEE), INCHARGE SPORTS COMMITTEE	Visit to departments, library, common room, (College building) Batch A Visit to Hospital Batch By Dr.Gaurav Gupta/Dr. Rajesh Maurya		History of Medicine and Ayush in India by Dr. Madhulika Singh	Computer skills by Dr. Manish Kumar	SPORTS (SPORTS COMMITTEE)	Professional english Dr. Swati Saxena	SPORTS (SPORTS COMMITTEE), INCHARGE SPORTS COMMITTEE	Institutional rules and regulation by Dr. Shiv Kumar Yadav	03:00-04:00 pm
	RTS COMMITTEE	RTS COMMITTEE	hrary, common room, A Visit to Hospital Batch (Dr. Rajesh Maurya		nd Ayush in India by lika Singh	Dr. Manish Kumar	COMMITTEE)	Complimentary and alternative medicine by Dr. Shalini Rawat	RTS COMMITTEE	Antiragging Guidelines by Dr. Gazala Rizvi	04:00-05:00 pm



	Sunday			5-Oct-25	Sunday 5-Oct-25
Visit to Community Health Centre (PSM Department)	Lunch	Visit to Community Health Centre (PSM Department)	Introduction to mentor - mentee programme by Dr. Jolly Agarwal	4-Oct-25	Saturday
First aid & Busic /cardiopulmonary/emergency life sport/ demonstration using video lecture HOD Anaesthesia to coordinate	Lunch	sulmonary/emergency life sport/ demonstration using video lecture HOD, Anaesthesia to coordinate	First aid & Basic /cardio	3-0ct-25	Friday

NOTE: All the Faculty Members are instructed to comply to time slot of lectures and visist as per schedule.

Attendance of all Lectures/visits will be taken on printed student list (available with AV department) to be emailed to Prof. (Dr) Jolly Agarwal, Incharge Foundation Course, GDMC, Dehradun Email ID: fcgdmc@gmail.com

